



Breakfast

7:30 to 8:00 all schools K-6 \$2.25 7-12 \$2.60

Menu subject to change

<u>Everyday Breakfast Choices:</u> Cereal, granola bars, yogurt parfaits, chocolate or white milk, cheese sticks , 100% juice, several fruit options and...				
10 Triple Berry Muffins	11 Waffles or Pancakes	12 Apple Cinnamon Toast	13 Hot Bagel with cream cheese	14 Fresh baked Orange rolls
17 Whole grain Donuts	18 Pancake on a stick sausage on the inside	19 Breakfast Pizza sausage	20 Egg and Cheese on a biscuit sandwich	21 Mini croissant filled with apricot, hazelnut, butter or almond
24 Hot bagel with cream cheese	25. French toast sticks	26 Scrambled eggs with peppers, onions and cheddar cheese	27 Banana or pumpkin bread	28 Waffles or Pancakes

Lunch K-6 \$2.65 7-12 \$2.90

Full salad bar every day!

3 No school Labor day	4 Pizza quesadillas	5 Chicken and biscuits	6 Fish sticks	7 Chicken tenders
10 Pizza	11 Chili Cheese dogs Fries	12 Sloppy joes Chips Corn	13 Rotini and meat sauce with garlic bread stick	14 Peanut butter and Jelly
17 Pizza	18 Chicken Stir Fry with Rice and Oriental veggies	19 Super burrito stuffed with meat,cheese peppers, onions,potatoes Tortilla Chips	20 Meat lovers sub chips	21 Corn Dogs and tater tots
24 Pizza	25 Chicken salad in pita bread chips	26 Macaroni and cheese Mixed veggies from scratch not a box	27 Chicken Patty and Chips	28 Cheesy cheese burger Curly fries

Skip the line ! Get a Chef salad and Milk at the computer !!!

(veggies, grain, protein, fruit)

croutons, crackers , roll ,cheese, ham, egg ,turkey , sunflower seed , tuna salad , oranges , strawberries, blueberries.....

Different items every day !



